



## Day 3 - 15<sup>th</sup> Nov. 2025 | Scientific Program - Bharadwaj Auditorium

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| <b>08:30 - 09:00</b> | <b>Session 1: Panel Discussion: Home care and Assisted living</b>                            |
| Moderator            | Dr. Alka Ganesh                                                                              |
| Panelists            | Dr. Akshat Khandekar; Dr. Magesh; Dr. Rama Paranjpe;<br>Dr. Gaurav Thukral                   |
| <b>09:00 - 09:45</b> | <b>Session 2: Community Geriatrics</b>                                                       |
| Chairperson          | Dr. Kunal Chatterjee, Dr Amitav Banerjee                                                     |
| <b>09:00 - 09:15</b> | <b>Elders for Elders program: A community intervention model for elder care</b>              |
| Speaker              | Dr. G S Grewal                                                                               |
| <b>09:15 - 09:30</b> | <b>Capacity Building in Geriatrics</b>                                                       |
| Speaker              | Dr. Sandeep Bhalla                                                                           |
| <b>09:30 - 09:45</b> | <b>Community geriatric models of care</b>                                                    |
| Speaker              | Dr. Bhaskar Mandal                                                                           |
| <b>09:45 - 10:05</b> | <b>Jodhpur Oration</b>                                                                       |
| Chairperson          | Dr. Meenaxi Sharda                                                                           |
|                      | <b>Topic Roadmap to the National Centre of Ageing at IMS BHU</b>                             |
| Orator               | Dr. Anup Singh                                                                               |
| <b>10:05 - 11:05</b> | <b>Session 3: Preventive Geriatrics and CGA</b>                                              |
| Chairperson          | Dr. Shailja V Rao; Dr. Bharati Taksande                                                      |
| <b>10:05 - 10:20</b> | <b>Use of Technology in the detection and prevention of falls in older adults</b>            |
| Speaker              | Dr. Maw Pin Tan                                                                              |
| <b>10:20 - 10:35</b> | <b>Recent Advances in prevention of Alzheimer's disease</b>                                  |
| Speaker              | Dr. Prasad K Mathews                                                                         |
| <b>10:35 - 10:50</b> | <b>Brief CGA in clinical practice</b>                                                        |
| Speaker              | Dr. Prabha Adhikari                                                                          |
| <b>10:50 - 11:05</b> | <b>Dementia and hypoglycemia in older adults with diabetes: A bidirectional relationship</b> |
| Speaker              | Dr. Vinod Kumar                                                                              |
| <b>11:05 - 11:15</b> | <b>Tea Break</b>                                                                             |
| <b>11:15 - 12:10</b> | <b>PG Quiz (Finals)</b>                                                                      |
| Quiz Master          | Surg Capt. Vinny Wilson; Maj. Simran Kaur Bhatia, Dr Prerna Sangle                           |
| <b>12:10 - 12:55</b> | <b>Session 4: Anti-Aging and Senescence</b>                                                  |
| Chairperson          | Prof. V K Sashindran; Dr. Jyoti Jain                                                         |



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| <b>12:10-12:25</b>    | <b>Immuno-gerotherapeutics targeting senescent cells for age-associated disease</b>                                 |
| Speaker               | Dr. Tohru Minamino                                                                                                  |
| <b>12:25-12:40</b>    | <b>Healthy Aging Phenotypes</b>                                                                                     |
| Speaker               | Dr. Liubov Machekhina                                                                                               |
| <b>12:40-12:55</b>    | <b>Anti-aging therapies</b>                                                                                         |
| Speaker               | Dr Anita Basavaraj                                                                                                  |
| <b>13:00-13:20</b>    | <b>Venkobarao Oration</b>                                                                                           |
| Chairperson           | Dr. Arvind Mathur                                                                                                   |
|                       | <b>Topic Early Detection, Early Action: The future of Alzheimer's Disease therapeutics through blood biomarkers</b> |
| Orator                | Dr. Sharmistha Dey                                                                                                  |
| <b>13:20 - 14:00</b>  | <b>Lunch Break</b>                                                                                                  |
| <b>14:00 - 14:25</b>  | <b>S S Sachdeva Panel Discussion: Future of Geriatrics in India</b>                                                 |
| Moderator             | Dr A B Dey                                                                                                          |
| Panelist              | Dr Arvind Mathur, Dr I S Gambhir, Dr Ashish Goel                                                                    |
| <b>14:30-15:00</b>    | <b>Session 6: Frailty</b>                                                                                           |
| Chairperson           | Dr. M Viswambaran, Dr Ashish Goel                                                                                   |
| <b>14:30-14:45</b>    | <b>Failure to thrive in older adults</b>                                                                            |
| Speaker               | Dr. Shehan Silva                                                                                                    |
| <b>14:45-15:00</b>    | <b>Oral Frailty</b>                                                                                                 |
| Speaker               | Dr. Smita Athavale                                                                                                  |
| <b>15:05-15:50</b>    | <b>Session 7: Geriatric Anesthesiology</b>                                                                          |
| Chairperson           | Dr. Dakshyani Nirhale, Air Cmde. Aditya Sapra                                                                       |
| <b>15:05-15:20</b>    | <b>Predicting perioperative complications in older adults: The latest evidence</b>                                  |
| Speaker               | Dr. Shailaja V Rao                                                                                                  |
| <b>15:20-15:35</b>    | <b>Regional Anesthesia in older adults: Special considerations</b>                                                  |
| Speaker               | Brig. Sangeeta Khanna                                                                                               |
| <b>15:35 to 15:50</b> | <b>Through the lens of a Caregiver : Interactive Session</b>                                                        |
|                       | Mr Manish Hingorani, Ms Jui Namjoshi                                                                                |
| <b>15:50-16:00</b>    | <b>Interactive break</b>                                                                                            |



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**16:00 - 16:45**

Quiz Master

**UG Quiz Finals**

Gp Capt Deepanjan Dey

**16:45 - 17:15**

Convener

**Presentation of the Award-winning papers and posters**

Dr Arvind Mathur, Dr Meenaxi sharda

**Presentation of the Best Thesis :** Dr Simran Kaur Bhatia

**Young Scholar IAG Kota chapter award - Paper presentation -** Dr Anup singh

**17:15 - 17:30**

**Prize Distribution and Valedictory Function**